

BACK TO BASICS BOOK

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Back to Basics Abigail Gehring 2008-04-17 Anyone who wants to learn basic living skills—the kind employed by our forefathers—and adapt them for a better life in the twenty-first century need look no further than this eminently useful, full-color guide. Countless readers have turned to Back to Basics for inspiration and instruction, escaping to an era before power saws and fast food restaurants and rediscovering the pleasures and challenges of a healthier, greener, and more self-sufficient lifestyle. Now newly updated, the hundreds of projects, step-by-step sequences, photographs, charts, and illustrations in Back to Basics will help you dye your own wool with plant pigments, graft trees, raise chickens, craft a hutch table with hand tools, and make treats such as blueberry peach jam and cheddar cheese. The truly ambitious will find instructions on how to build a log cabin or an adobe brick homestead. More than just practical advice, this is also a book for dreamers—even if you live in a city apartment you will find your imagination sparked, and there's no reason why you can't, for example, make a loom and weave a rag rug. Complete with tips for old-fashioned fun (square dancing calls, homemade toys, and kayaking tips), this may be the most thorough book on voluntary simplicity available.

Back to Basics Caroline Taggart 2012-05-31 Don't know Midas from Oedipus? Wouldn't recognize a concerto from a sonata? Many of us wish that we could fill in the gaps in our education in order to avoid those embarrassing situations when we feel as if we don't know things that others do. In Back to Basics, bestselling author Caroline Taggart will provide readers with the opportunity to learn really useful stuff that was never taught in mainstream education, while also giving a refresher course on the main staples. From brushing up on Bible stories and classical architecture, to identifying different types of clouds, your thirst for knowledge will be satiated and your education complete - and it's enormous fun to boot!

The Back to Basics Handbook Abigail Gehring 2011-05-25 Includes hundreds of projects for sustainable living--such as dyeing wool, grafting trees, raising chickens, crafting furniture with hand tools, making preserves and cheese, building a log cabin and much more, in a book that also has tips for down-home fun, as well as 500 full-color illustrations. Original.

Clean Agile Robert C. Martin 2019-09-12 Agile Values and Principles for a New Generation " In the journey to all things Agile, Uncle Bob has been there, done that, and has the both the t-shirt and the scars to show for it. This delightful book is part history, part personal stories, and all wisdom. If you want to understand what Agile is and how it came to be, this is the book for you. " –Grady Booch " Bob ' s frustration colors every sentence of Clean Agile, but it ' s a justified frustration. What is in the world of Agile development is nothing compared to what could be. This book is Bob ' s perspective on what to focus on to get to that ' what could be. ' And he ' s been there, so it ' s worth listening. " –Kent Beck " It ' s good to read Uncle Bob ' s take on Agile. Whether just beginning, or a seasoned Agilista, you would do well to read this book. I agree with almost all of it. It ' s just some of the parts make me realize my own shortcomings, dammit. It made me double-check our code coverage (85.09%). " –Jon Kern Nearly twenty years after the Agile Manifesto was first presented, the legendary Robert C. Martin (" Uncle Bob ") reintroduces Agile values and principles for a new generation—programmers and nonprogrammers alike. Martin, author of Clean Code and other highly influential software development guides, was there at Agile ' s founding. Now, in Clean Agile: Back to Basics, he strips away misunderstandings and distractions that over the years have made it harder to use Agile than was originally intended. Martin describes what Agile is in no uncertain terms: a small discipline that helps small teams manage small projects . . . with huge implications because every big project is comprised of many small projects. Drawing on his fifty years ' experience with projects of every conceivable type, he shows how Agile can help you bring true professionalism to software development. Get back to the basics—what Agile is, was, and should always be Understand the origins, and proper practice, of SCRUM Master essential business-facing Agile practices, from small releases and acceptance tests to whole-team communication Explore Agile team members ' relationships with each other, and with their product Rediscover indispensable Agile technical practices: TDD, refactoring, simple design, and pair programming Understand the central roles values and craftsmanship play in your Agile team ' s success If you want Agile ' s true benefits, there are no shortcuts: You need to do Agile right. Clean Agile: Back to Basics will show you how, whether you ' re a developer, tester, manager, project manager, or customer. Register your book for convenient access to downloads, updates, and/or corrections as they become available. See inside book for details.

Back to Basics Bill Gaw 2013-04-01

The Essential House Book Terence Conran 1994 In this home-design reference book for the '90s, the five main sections show the reader how to develop a personal sense of style and to carry it through to reality, whether in major structural changes or smaller design touches. There is additional advice on the best decorating and furnishing options, a checklist of maintenance tips, and an index of useful addresses including advisory bodies, architects, designers, suppliers and shops.

Back to Basics Steven A. Melnyk 2000-03-23 As organizations move into the future, the operations environment needs to expand into Collaborative Planning and Forecast Replenishment (CPFR), Vendor Managed Inventory (VMI), and an Enterprise Resource Planning (ERP) operating system to become and remain competitive. These innovative and complex methods require an unprecedented degree of accuracy

Back To Basics Orchid Lee Lopez 2011-02-15 As a registered nurse for the last 28 years, my primary clinical expertise has been working in the pre-hospital environment as a flight nurse and a paramedic, as well as continuing to work in a variety of clinical areas which include the emergency department, pediatrics and endoscopy. My extensive clinical background has also given me the opportunity to work as a legal nurse consultant with one of the largest law firms in Arizona. As an EMS educator and program director of paramedic training programs for the last 20 years and most recently as the National Clinical Educator for one of the largest air medical transport companies, I truly enjoy teaching in a simple manner as to assure that students do have a strong basic understanding in making critical care decisions and that they will be providing the highest quality of patient care beginning from the least to the most invasive management of care for the patients they are transporting. My goal as a professional and as an EMS educator has always been and will continue to encourage students to have the desire to learn and grow in their profession, as well as contribute to EMS in a way that inspires positive change. "Tell me and I ll forget; Show me and I may remember; Involve me and I ll understand " www.backtobasicscourse.com

Back to Basics Reader's Digest 1997-03-01 Uses the latest methods to teach crafts and old-fashioned domestic skills and contains projects ranging from planting a kitchen garden to building a hot tub

Back to Basics Abigail R. Gehring 2014-10-14 The classic guide to self-sufficiency, with more than 200,000 copies sold—now fully updated! Anyone who wants to learn basic living skills—the kind employed by our forefathers—and adapt them for a better life in the twenty-first century need look no further than this eminently useful, full-color guide. Countless readers have turned to Back to Basics for inspiration and instruction, escaping to an era before power saws and fast-food restaurants and rediscovering the pleasures and challenges of a healthier, greener, and more self-sufficient lifestyle. Now newly updated, the hundreds of projects, step-by-step sequences, photographs, charts, and illustrations in Back to Basics will help you dye your own wool with plant pigments, graft trees, raise chickens, craft a hutch table with hand tools, and make treats such as blueberry peach jam and cheddar cheese. The truly ambitious will find instructions on how to build a log cabin or an adobe brick homestead. More than just practical advice, this is also a book for dreamers—even if you live in a city apartment, you will find your imagination sparked, and there ' s no reason why you can ' t, for example, make a loom and weave a rag rug. Complete with tips for old-fashioned fun (square dancing calls, homemade toys, and kayaking tips), this may be the most thorough book on voluntary simplicity available.

Prepper's Long-Term Survival Guide Jim Cobb 2014-03-25 Prepare your home and family for any life-threatening catastrophe with this step-by-step survivalist guide filled with techniques, strategies, and DIY projects from a lifelong prepping expert The preparation you make for a hurricane, earthquake or other short-term disaster will not keep you alive in the event of widespread social collapse caused by pandemic, failure of the grid or other long-term crises. Government pamphlets and other prepping books tell you how to hold out through an emergency until services are restored. This book teaches you how to survive when nothing returns to

normal for weeks, months or even years, including: Practical water collection for drinking and hygiene Storing, growing, hunting and foraging for food First aid and medical treatments when there ' s no doctor Techniques and tactics for fortifying and defending your home Community-building strategies for creating a new society Back to Basics: Tactics Dan Heisman 2011-02-02 Chess Tactics Can Be Fun! This book is an introduction to the various kinds of basic chess tactics. With instructional material, examples, and problems of all types, the subject of chess tactics is covered comprehensively. There are approximately 500 examples ranging from too easy to very difficult! Tactics are usually why most people find chess fun! This book will greatly enhance your enjoyment learning about - and benefiting from - the recurring patterns of tactics. It is well established that the study of basic tactics is probably the single most important thing any beginner can do to improve at chess. This book will help you do that!

Back to Basics Audio Julian Nathan 1998-10-13 Back-to-Basics Audio is a thorough yet approachable handbook on audio theory, practice, and allied electrical systems. Electrical principles are first discussed in elementary terms as a basis for understanding audio components and equipment, covered in a hands-on style in the rest of the book. The publication is a bridge between engineers, salespeople, and technicians. Finally, elements of home theater audio and projection are addressed in practical terms.

Back to Basics: Strategy Valeri Beim 2011-08-19 The Basics of Chess Strategy While there are many books about how to improve your chess tactics, instructive books about chess strategy, particularly for players of less than master strength, are few and far between. In the latest entry in the widely acclaimed Back to Basics Chess Series, international grandmaster and popular author Valeri Beim explains the basics of strategic concepts in chess. His topics include: - Piece Development - The Center - Principle of two weaknesses - Pawn structures - Cooperation of pieces - Weak pawns - Weak square complexes - Positional considerations - The Bishop pair - Conditions for proper implementation of a strategic plan - Open Lines ...and much more! This book has been written for the great majority of chessplayers rated below master strength. Clear, concise explanations and examples, discussions of strategic objectives and of the formation of strategic plans are all designed to aid the aspiring chessplayer to better understand and implement chess strategy.

Literacy 2010

Narrative: The Basics Bronwen Thomas 2015-11-19 Providing an up-to-date and accessible overview of the essentials of narrative theory, Narrative: The Basics guides the reader through the major approaches to the study of narrative, using contemporary examples from a wide range of narrative forms to answer key questions including: What is narrative? What are the "universals" of narrative? What is the relationship between narrative and ideology? Does the reader have a role in narrative? Has the digital age brought radically new forms of narrative? Each chapter introduces key theoretical terms, providing thinking points and suggestions for further study. With an emphasis on applying theory to example studies, it is an ideal introduction to the current study of narrative.

Back to Basics: Traditional Garden Wisdom Charlie Ryrie 2011-02-17 "When your garden contains lots of earthworms, your soil is good." This maxim may not sound familiar, but before the days of landscapers and lawn-maintenance companies, this type of knowledge was common. Gardening skills were passed down from generation to generation, and yards were personal places that flourished under the care of time-tested wisdom. Today the pace of life is faster, and modern advances make gardening tasks easier, but we can all benefit from the techniques and common-sense advice of the past to have beautiful, fruitful gardens now. With Back to Basics: Traditional Garden Wisdom, anyone can: Develop a dream, green garden without spending a fortune Grow an organic and eco-friendly garden with minimum fuss and maximum taste Discover how to collect and save seeds Make your own compost and learn "no-dig" gardening Make a cold frame and protect plants from frost Repel moles with castor oil, prevent mice with the right plants, and make herbal insect repellents Find out the best way to prune a hedge, tree, or climbing flower Know which gardening tasks to do for each season Raise a panel fence and use recycled materials for landscaping Plant raised beds and container gardens, and build a natural grape arbor Discover how companion planting can discourage harmful pests and encourage growth Back to Basics: Traditional Garden Wisdom has full-color step-by-step illustrated instructions that will bring new knowledge to gardeners of all levels. Soon you'll be adding fireplace ashes to the garden to give it a potassium boost and using your elbow to see if the soil is warm enough for planting. With this insightful book, you'll discover why sage advice never goes out of style.

Back 2 Basics Amit Butani 2021-03-24 The moment we are born in this planet, we enter into the inevitable battle called life. Living a fulfilling life is one of the toughest tasks that we all have to face. Most of us keep on relentlessly holding on to the false hope that a savior will arrive in front of us to free us from all our struggles. But is this ever going to happen? Here we must remember the famous phrase "God helps those who help themselves." Whenever we feel that we are stuck in a loop of repetitive struggles, we must immediately seek the help of that person who will never betray us—that is ourselves. The answers to all your struggles always reside within your heart. In this book, the author tells the readers how to lead a satisfying life by looking at life from a whole new perspective. Flip through the pages of Back 2 Basics to venture into a new world of happiness which was always around you from the very beginning. The author will guide you through the process of discovering your own path of contentment.

Back to Basics Reader's Digest 1981 With so many urban and suburban dwellers moving toward simplifying their lives, Reader's Digest has updated its popular Back to Basics series to provide the ultimate how-to book. It's packed with hundreds of projects and illustrated step-by-step sequences to help you learn to live more self-sufficiently, with sections on shelter, alternative energy sources, growing and preserving food, home crafts, and even recreation. Includes over 2,000 photos, diagrams and drawings.

Wolverine Epic Collection Archie Goodwin 2019-03-06 Collecting Wolverine (1988) #17-30, Wolverine/Nick Fury: The Scorpio Connection And Wolverine: The Jungle Adventure. Savage tales featuring atmospheric artwork by Marvel ' s finest artists! An old friend ' s death leads Logan to Nick Fury and the Swift Sword terrorist organization! But what is the surprising secret under the new Scorpio ' s mask? Then, Wolverine travels to the untamed jungle of the Savage Land so why is he fighting cyborgs? And which longtime X-Men foe is responsible? When his old foe Roughhouse is kidnapped, Wolverine follows a trail of tainted cocaine from Madripoor to Central America but can the young revolutionary La Banderera help a sick and infected Wolverine survive against Tiger Shark and bring down a corrupt regime? Plus: Logan must avenge an old friend, but can he uncover the secret of the Master Form without his memories?

English for 9-10 Year Olds Sheila Lane 1996

Trying to be Muslim Norhafsa Hamid 2012

Barefoot Contessa Back to Basics Ina Garten 2012-10-30 #1 NEW YORK TIMES BESTSELLER • The essential Ina Garten cookbook, focusing on the techniques behind her elegant food and easy entertaining style, and offering nearly a hundred brand-new recipes that will become trusted favorites Ina Garten ' s bestselling cookbooks have consistently provided accessible, subtly sophisticated recipes ranging from French classics made easy to delicious, simple home cooking. In Barefoot Contessa Back to Basics, Ina truly breaks down her ideas on flavor, examining the ingredients and techniques that are the foundation of her easy, refined style. Here Ina covers the essentials, from ten ways to boost the flavors of your ingredients to ten things not to serve at a party, as well as professional tips that make successful baking, cooking, and entertaining a breeze. The recipes—crowd-pleasers like Lobster Corn Chowder, Tuscan Lemon Chicken, and Easy Sticky Buns—demonstrate Ina ' s talent for transforming fresh, easy-to-find ingredients into elegant meals you can make without stress. For longtime fans, Ina delivers new insights into her simple techniques; for newcomers she provides a thorough master class on the basics of Barefoot Contessa cooking plus a Q&A section with answers to the questions people ask her all the time. With full-color photographs and invaluable cooking tips, Barefoot Contessa Back to Basics is an essential addition to the cherished library of Barefoot Contessa cookbooks.

Ball Canning Back to Basics Ball Home Canning Test Kitchen 2017-07-04 Can it, pickle it, and store it with confidence. If you can boil water, you can make your own delectable jams and jellies, try your hand at fresh-pack pickling, and jar savory sauces. Ball Canning Back to Basics focuses on the building-block techniques and easy, classic recipes every canner should know. The book begins with in-depth information on water bath canning, the equipment you need, and food safety guidance. Each preserving method is thoroughly explained with beginner-friendly tutorials and step-by-step photographs highlighting key steps. Learn to capture the sweet, ripe flavors of your favorite fruits and vegetables with 100 approachable, versatile recipes for the modern pantry. Packed with simple variation ideas for low-sugar and flavor change-ups, and time-tested tips from the most trusted authority in home canning, this handy guide delivers everything you need to successfully master home canning safely and deliciously.

English Homework Jenni Harrold 2010-08-01 Suitable for homework, classwork, teaching a new concept, revision and assessment, this title provides additional teachers notes that include curriculum links, spelling rules, word building, glossary, prefixes, suffixes, word origins and spelling lists. It offers simple and easy to understand instructions to aid independent working.

Back to Basics Branislav Francuski 2008 The essential building blocks of the royal game are presented simply and in an easy-to-understand format. With the expert guidance of chess master Branislav Francuski, you will learn how the chess pieces move and capture; the underlying principles of the game; how to spot and carry out simple checkmates; and how to understand the basic tactical ideas that are so important to playing and winning. Fundamental concepts, tactical themes and other significant points of the game are underscored by over 800 diagrams and positions. Solutions and clear explanations are supplemented by

important principles, highlighted in blue. Whether used alone or with an instructor, Back to Basic: Fundamentals will put you on the road to good chess!

Back to Basics in Physiology Juan Pablo Arroyo 2015-05-28 Back to Basics in Physiology: O₂ and CO₂ in the Respiratory and Cardiovascular Systems exploits the gap that exists in current physiology books, tackling specific problems and evaluating their repercussions on systemic physiology. It is part of a group of books that seek to provide a bridge for the basic understanding of science and its direct translation to the clinical setting, with a final aim of helping readers further comprehend the basic science behind clinical observations. The book is interspersed with clinical correlates and key facts, as the authors believe that highlighting direct patient care issues leads to improved understanding and retention. Physiology students, including graduate and undergraduate students, nursing students, physician associate students, and medical students will find this to be a great reference tool as part of an introductory course, or as review material. Exploits the gap that exists in current physiology books, tackling specific problems and evaluating their repercussions on systemic physiology Provides a bridge for the basic understanding of science and its direct translation to the clinical setting Interspersed with clinical correlates and key facts, highlighting direct patient care issues to help improve understanding and retention Ideal physiology reference for physiology students, including graduate and undergraduate students, nursing students, physician associate students, and medical students

Homesteading Abigail R. Gehring 2014-10-07 From the author of Back to Basics, this updated guide to green living in the city, country, or suburbs is “ a vast wealth of resources for the eco-minded ” (Booklist). Who doesn ’ t want to shrink their carbon footprint, save money, and eat homegrown food whenever possible? Even if you ’ re very much on the grid, you ’ ll find lots of useful information in this fully illustrated guide on the basics of living the good, clean life. City, suburb, or wilderness-dweller, there ’ s plenty you can do to improve your life from a green perspective. Got sunlight? Start container gardening—and make sauce with your own homegrown fresh tomatoes Reduce electricity use by eating dinner by candlelight (using homemade candles, of course) Learn to use rainwater to augment water supplies Make your own soap and hand lotion Consider keeping chickens for the eggs From what to eat to supporting sustainable restaurants to avoiding dry cleaning, this book offers information on anything a homesteader needs—and more.

Cataloging and Classification Gretchen L. Hoffman 2021-11-25 The cataloging and classification field is changing rapidly. New concepts and models, such as linked data, identity management, the IFLA Library Reference Model, and the latest revision of Resource Description and Access (RDA), have the potential to change how libraries provide access to their collections. To prepare library and information science (LIS) students to be successful cataloging practitioners in this changing landscape, they need a solid understanding of fundamental cataloging concepts, standards, and practices: their history, where they stand currently, and possibilities for the future. The chapters in Cataloging and Classification: Back to Basics are meant to complement textbooks and lectures so students can go deeper into specific topics. New and well-seasoned library practitioners will also benefit from reading these chapters as a way to refresh or fill gaps in their knowledge of cataloging and classification. The chapters in this book were originally published as a special issue of the journal, Cataloging & Classification Quarterly.

Back to Basics Scott C. Farquhar 2010-01 Contents: Introduction; Chapter 1. Hard Lessons Learned: ¿Training, Training and Training as Well as Innovative Thinking¿; The IDF Response to the 2006 Hezbollah-Israeli War; Hezbollah; The Gaza Conflict; Conclusion; Chapter 2. Hamas and Hezbollah: A Comparison of Tactics: Introduction; Application of the PMESII+PT Variables; Hamas and Hezbollah; Political; Military; Economic; Social; Infrastructure; Information; Physical Environment; Time; The 2006 Second Lebanon War; Hezbollah TTPs; 2008-2009 Hamas/Israeli Conflict; Hamas TTPs; Conclusion. Charts and tables.

Back to Basics Abigail Gehring 2008-04-17 A lavishly illustrated revision of a top-selling primer invites readers to develop healthier, more environmentally friendly, and self-sufficient living skills that are less reliant on technology, in a resource that shares step-by-step instructions for such capabilities as raising chickens, making cheese, and building a log cabin.

Essentials for Life Marcia Ford 2010-04-13 True enjoyment in life is found by focusing on the essentials. A growing number of people recognize their need for a reliable guide for their life’s journey. Essentials for Life fills that need by helping readers get back to the basics of what matters most with a fresh perspective on four core essentials of the Christian life: What do I believe? How do I grow closer to God? What should my character and life reflect? How do I live my life every day? Essentials for Life offers fifty daily or weekly readings that each include a key life-guide principle, scripture and quotes, meditation, an interesting fact, and a unique application suggestion. Each discussion offers hope and a sense of peace and well-being by focusing on life with an eternal perspective. The content offers spiritual truth while the interior graphic design, which includes sidebars and visuals, enhances the readability and the impact of each core essential.

Back to Basics Wally P. 1998-01-01

Tom Watson’s Getting Back to Basics Tom Watson 1993 The PGA champion provides a complete guide to the basic principles and techniques of golf, including lessons in proper golf grips, pre-shot routines, set-ups and alignments, strokes, and equipment selection

Cognitive Behaviour Therapy in the Real World Henck Van Bilsen 2019-07-05 This book provides an introduction to cognitive behaviour therapy in combination with a transdiagnostic perspective on mental health problems. It presents an overview of assessment and formulation strategies that enable therapists to compose individualised treatments for their clients.

Thug Kitchen 101 Thug Kitchen 2016-10-06 The creators of the New York Times bestselling cookbook series Thug Kitchen are back to deliver you the sorta gentle, but always hilarious shove you need to take the leap into healthy eating. Thug Kitchen 101 includes more than 100 easy and accessible recipes to give you a solid start toward a better diet. TK holds your hand and explains ingredients from chickpeas to nooch so you’ll feel confident knowing exactly what the f’ck you’re cooking. This kickass kitchen primer also serves up health benefits and nutrition to remind everyone, from clueless newbies to health nuts, how a plant-based lifestyle benefits our bodies, minds, environment and wallets. THAT’S RIGHT. EAT GREEN, SAVE GREEN. So scared of commitment you can’t even dedicate some time to cook? Thug Kitchen’s here to fix that sh*t: All recipes in TK 101 are guaranteed to be faster than delivery, so you can whip up some tasty meals with simple ingredients regardless of when you stumble home from work. You’re too damn important to be eating garbage, so TK has made it easy to take care of #1: you. No needless nonsense or preachy bullsh*t. Just delicious, healthy, homemade food for all the full-time hustlers out there.

The Illustrated Encyclopedia of Country Living Abigail Gehring 2011-10-26 Packed with step-by-step instructions, useful tips, time-honored wisdom, and both illustrations and photographs, this might just be the most comprehensive guide to back to basics living ever published. Fans of Back to Basics, Homesteading, and Self-Sufficiency have been asking for a one-stop resource for all the subjects covered in that successful series. In response, Gehring has compiled a massive, beautifully presented, single volume that covers canning and preserving, keeping chickens, fermenting, soap-making, how to generate your own energy, how to build a log cabin, natural medicine, cheese-making, maple sugaring, farm mechanics, and much, much more. Whether you own one hundred acres or rent a studio apartment in the city, this book has plenty of ideas to inspire you. Learn how to build a log cabin or how to craft handmade paper; find out how to install a solar panel on your roof or brew your own tea from dried herbs; Cure a ham, bake a loaf of bread, or brew your own beer. This book has something for everyone.

Constructing Kitchen Cabinets (Back to Basics) Skills Institute Press 2010-09-01 Get Back to Basics with the core information you need to succeed. Learn what is important to know about Constructing Kitchen Cabinets from layout and design, to casework and installation.

Back to Basics in Management T N Hari 2003-11-15 The authors emphasize that organizations must persist in developing fundamental capabilities and that managers need to create new frameworks within which they continually test their strategies, policies and decisions. This unique and well-written book is a salutary and much-needed reminder of the fundamentals of managing any enterprise, while warning against a wholesale and uncritical acceptance of theories, concepts and models.

Back to Basics: Openings Carsten Hansen 2010-12-28 Chess Openings Can Be Simple! Because of the sheer volume of variations, possible transpositions and ever-changing theory, chess openings can be overwhelming even intimidating. This book is an introduction to understanding and playing chess openings. The author, Danish Master Carsten Hansen, stresses opening play based on comprehending opening principles as well as useful, fundamental knowledge. With an overview of all the most important opening variations, examples of good and bad opening play, opening traps and problems to solve, chess openings and its major principles are covered thoroughly. Many games are lost as a result of a player’s poor grasp of even the most basic principles of opening play. This book will help you enhance your understanding and give you guidelines on how to best study and play chess openings, reaching good, playable middlegame positions.